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# Pure Heart: A Woman's Guide To Sexual Integrity (XXXChurch.com Resource)



## Synopsis

Our culture has twisted and perverted God's most intimate gift--sex and sexuality. And men are not the only ones who struggle with sexual sin. In this frank and disarming book, Shellie Warren helps female readers understand and embrace the true purpose and role of sex in their lives. Whether single or married, women must cope with issues surrounding body image, lust, adultery, sexual addiction, porn, and more. This honest treatment of a hush-hush issue will free women to experience forgiveness and renewal. Includes a foreword and afterword from XXXchurch founder Craig Gross.

## Book Information

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## Customer Reviews

Find True Love from GodOur culture has twisted and perverted God's most intimate gift--sex and sexuality. And men are not the only ones who must deal with temptation. In this frank and disarming book, Shellie Warren helps women understand and embrace the true purpose and role of sex in their lives. In hearing her story and the stories of others, you will discover you are not alone in the struggle. Whether you're single or married, all women must cope with issues surrounding body image, lust, adultery, sexual addiction, sexualized images, and more. This honest treatment of a hush-hush issue will free you to experience forgiveness and renewal. "If Oprah was ever to have a book club selection to speak to the heart of a woman's fight with sexual issues, this would be it. Read this book and allow God to apply it to your soul. Wholeness is within your reach." •from the

foreword by Craig Gross, founder of XXXchurch.com Shellie R. Warren is an author, a public speaker, and the coordinator for teen moms at the local chapter of a national nonprofit in Nashville, Tennessee. She is the author of *Inside of Me: Lessons of Lust, Love and Redemption* and has been published in numerous publications including *Women's Health & Fitness* and *Relevant*. Warren is also a featured blogger and speaker for XXXchurch.com and founder of Butterfly Angel, a platform celebrating survivors of sexual abuse and misuse.

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This book is awesome. It really makes you look at purity in a whole new way, especially since the author has been through the ringer sexually herself and knows first-hand how hard purity is to maintain. I think this book especially gives hope to those of us who are no longer virgins who wish to get back on God's path for our lives. This is a truthful, hard-hitting, touching, and hopeful book. A **MUST** read for anyone who truly desires purity in their lives!

Talk about conviction! If you are struggling with sexual sin PLEASE purchase this book, your entire sexual thought process will be changed forever. The transparency of Shellie is admirable and inspiring. May be a tough pill to swallow for some but I find myself going back to reference and remind myself of what I learned often, I highly recommend this book!

Wow... What can I say? This book and the author, are REAL. It is so refreshing to read something from an author who has done so much inner work and processed life to such a refined degree that she already understands what the rest of us are trying to understand. This author has travelled through the valley of the shadow of life and the reader is the beneficiary of her travel notes. She has gone beyond the veil of all things sexual, stared truth in the face and refused to blink. Shelly R. Warren is the real deal, with a capitol R. But don't let the "R" rating fool you. Even though in her writing she is as up to date with contemporary culture as the latest BET/MTV video, she is also EXTRAORDINARILLY grounded in the Word... a rare combination indeed. The book maintains the attention of the reader. It is sprinkled with real life excerpts from bloggers and this serves to add

more variety and spice to the presentation. The concept of "Sex in Purpose vs. Sex Out of Purpose" is simple, yet practical and profound. The author boldly goes where few Christian authors venture when she takes us on a tour of closet activities. The chapter on Porn in All forms is one of the best on the topic I have ever read in terms of unmasking the cause and effect of the beast. Her excerpt from another writer entitled: My Vagina's Monologue is a must read! (Funny yet true.) The first six chapters seem to deal with life's impurities, and the final four chapters seem to deal with the purification process. The book gets reflective on the "Letter to my former self." The final three chapters examine Godly femininity, perseverance and Purity. Since this book is an official XXX church resource, you should know not to expect an ultra conservative approach to the subject matter. This would be a good read for today's teens, high school and college students, singles and adults who want the real deal from someone who has been there and survived to give an eyewitness inner view.

I don't read books often but I actually felt like God wanted me to read this book because I finished it in a week, which is a short time for someone who doesn't read often I can't even begin to describe how everything in this book speaks directly to me. God SPOKE through Shellie. Bless you Shellie! Bless you!

Shellie has such a way with her words. She is so great at capturing her audience and making them feel like they are right there with her on her journey. Shellie's honesty, bluntness and love for God challenges you to think deeper about your own journey and how to truly find intimacy and fulfillment in Christ before chasing after guys. She gives you a raw look into her own life and how it has shaped her. You will laugh and cry but more importantly, you will discover and experience the power of God's love, forgiveness and healing in your own life!

A must read whether you are single or married. It touches on issues that people don't like to talk about in the Christian community. I'm so glad to have been introduced to this book.

Shellie tells it straight-up with no holding back. Though I can't relate to the majority of what she talks about, this is a great over-all book about purity, femininity, and Christianity. She backs up everything with scripture. Excellent book.

When reading this book on my kindle, some paragraphs and phrases are repeated. Although Shellie

has great things to say (and the book is still worth the purchase) the poor editing is distracting from the true and meaningful content.

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